

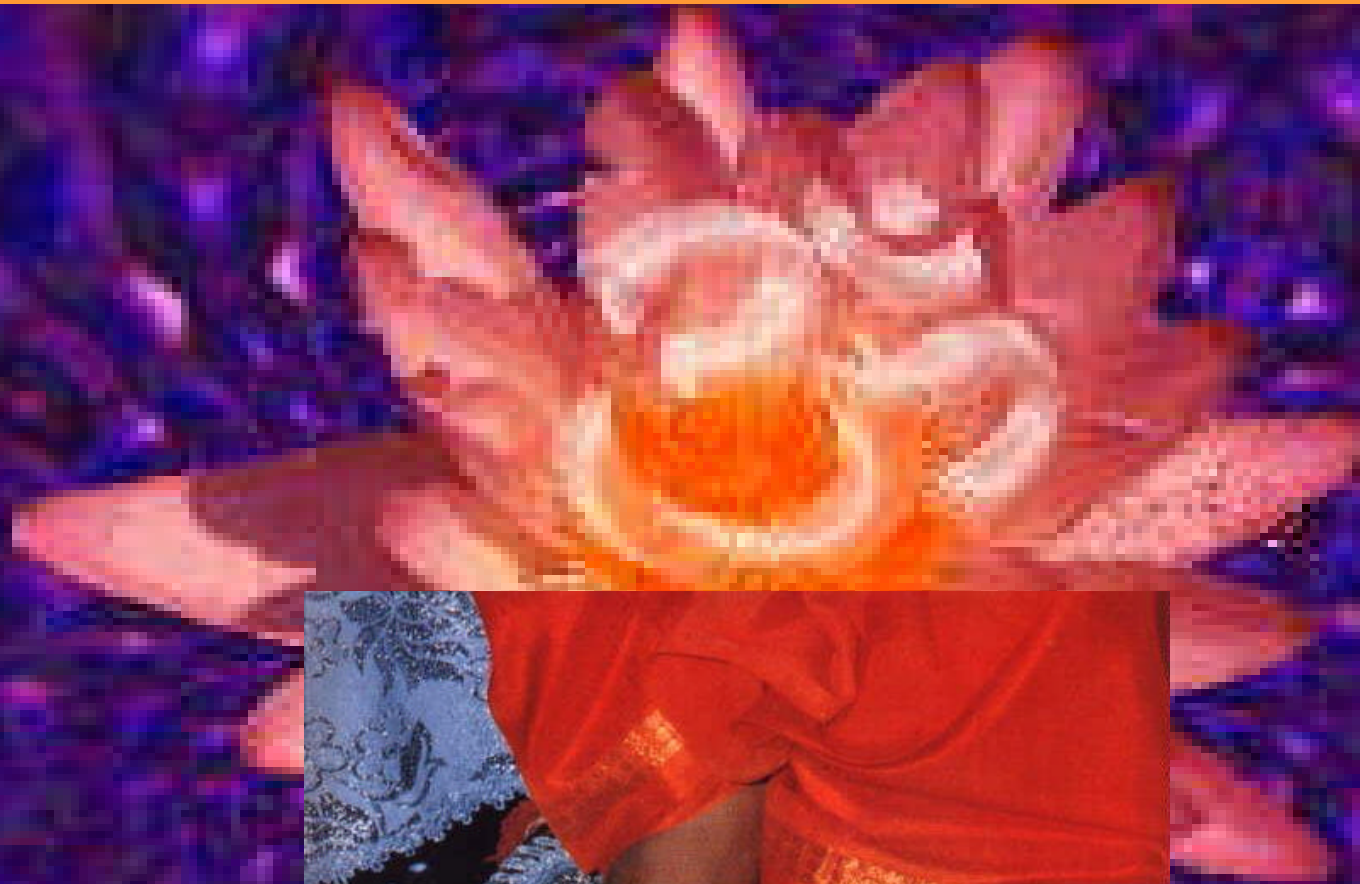
SaiThree – Mantra, Yantra, Tantra

The Sai Gaayathrees



Use Arrow keys to
Navigate

An offering at Swami's Lotus Feet



Sathya Sai Avataar

***Avataar* – Descent of Divinity for the Ascent of Mankind, to remind us of the path to Liberation**

Shri Sathya Sai *Avathaar* has multiple dimensions, manifold powers, and multifarious manifestations. Here we focus on three aspects of Sai consciousness culminating finally in the state of Transcendental Consciousness (*Thureeya*), or Oneness with the Divine. These three aspects are together termed **SAITHREE**, declared by Swami himself.

Mantra, Yantra, Tantra

Vedic Worship of Divinity is performed through the composite use of:

- a. **Mantra**, holy sacred formula revealed by Divinity through a Rishi after intense meditation
- b. potentized diagrammatic inscriptions of letters/words pertaining to that Deity i.e. **Yantra** or *Chakra* and
- c. a set of specific procedures or methodology of worship called **Tantra**.

Gayathree Mantra

Revealed through Rishi Vishvamitra

- Gayathree has three parts: 1. Praise, 2. Meditation, and 3. Prayer.
- First, the Divine is praised, then It is meditated upon in reverence and lastly, an appeal is made to the Divine to dispel the darkness of ignorance and to awaken and strengthen the intellect.
- Gayathree has 24 letters; it consists of three lines, each with eight letters. Such a composition has unique properties. According to Maharishi Vararuchi, the numerology of all letters in a Gayathree Mantra adds up to 109. That is why recitation is to be done 108 times; to realize the full effect of Siddhi - which is signified by the 109th number, i.e. Meru or the tassel of a rosary or Japamaala. Ashtotthara Shatha Naama, the 108 name-chanting, leads to the realization of God, which is the goal.
- Every Gayathree Manthra has a revealing prophet or Rishi and a presiding deity, Adhishtthaana Devatha, who is the subject of the mantra. For the Gaayathree Mantra, the Rishi is Sage Vishvamitra, the Diety is Gayathree Devi,

Gayathree Mantra

Revealed through Rishi
Visvamitra



Mantra

**OM. *Bhur Bhuva Suvah
Tat Savithur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yonah Prachodayat***

Meaning:

**We meditate on our Creator, Inspirer
and Source of eternal Joy,
That effulgent Supreme Lord.
May this Light inspire and illumine
our intellect (and dispel the
darkness).**

Chant Thrice Three Times a day



Sai (Eeshvara) Gayathree

Mantra

**OM. Sayeeshvaraaya Vidhmahe
Sathya Dhevaaya Dheemahi
Thannah Sarvah Prochodhayaath**

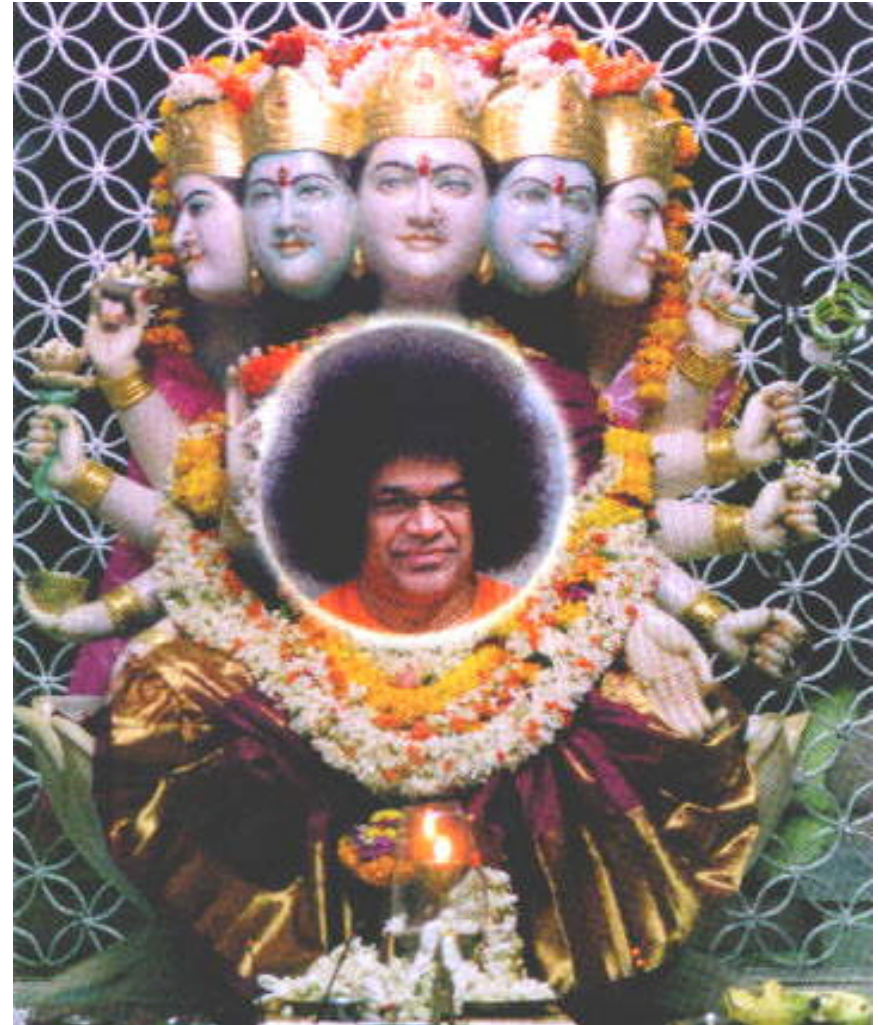
Meaning:

**We know Sai is Supreme Divinity
incarnate.
We meditate on this God of Truth.
May this Almighty Personality lead
us on the path of total liberation.**

Revelation:

**To B. Sri Ghandikota Subrahmanya
Sastry, December 24, 1977
Occasion: Christmas Eve
Place: Thrayer Brindhaavan**

Chant Thrice in the Morning



Sai Suurya Gaayathree

Mantra

***OM. Sri Bhaaskaraaya Vidhmahe
Sai Dhevaaya Dheemahi
Thannah Suuryah
Prochodhayaath***

Meaning

**We know this Self-Shining Being.
We meditate on this Divinity as
Sai Suurya.**

**May this Divine Effulgence
enlighten us on the path of
liberation.**

Revelation:

**To B. Sri Ghandikota Subba Rao,
7:00 AM, September 22, 1997**

**Occasion: Bhagavan Sri Sathya
Sai riding the Golden Chariot**

**Place: Sai Kulvanth Hall,
Prasanthi Nilayam**

Chant thrice at Noon



Sai Hiranyagarbha Gaayathree

Mantra

***OM. Premaathmanaaya Vidhmahe
Hiranyagarbhaaya Dheemahi
Thannah-Sathyah Prochodhayaath***

Meaning

**We know this Embodiment of Divine
Love, Sathya Sai.**

**We meditate on this Golden-Wombed
Divine Personality.**

**May Truth-incarnate, Sathya Sai,
inspire us on the path of
liberation.**

Revelation:

**To B. Sri Ghandikota Subba Rao,
6:15 AM, February 15, 1999**

**Occasion: Lingodbhavam
(Emergence of the Linga)**

**Place: Sai Kulvanth Hall, Prasanthi
Nilayam**

Chant thrice in the Evening



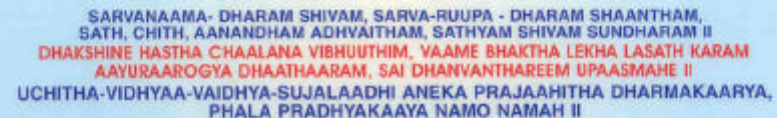
SAI AS SHIVA AVATHAAR

Panchaakshari Mantra

Sai Shivo Ham (I am The Supreme Reality)



The Sai Yantra is a potentized multisided diagrammatic portrayal of the powers, principles, pursuits, preachings, philosophy, and vital messages of Bhagavan Sathya Sai, the Living Divinity, mostly in terms of His own words expressed in Sanskrit.



Sai Yantra or Chakra

- Sai Yantra was prepared by Sri G.V. Subba Rao at the holy Brahma Muhurta (auspicious time), early dawn, on Monday 11th October 1999, after it appeared to him in a dream.
- The same afternoon, Bhagavan Sathya Sai Baba called Sri Subba Rao for an interview and after a discussion of its contents, Baba in an extraordinary gesture, touched and traced with His right index finger practically every word, circle, line, figure and curve of this mystic diagram. At the end, Baba blessed the Sai Yantra three times, making it a highly powerful instrument for spiritual elevation.
- The adoration, meditation and prayer to Bhagavan Sathya Sai Baba based on Sai Yantra will enable a Sai devotee to realize his or her highest spiritual powers while achieving success in daily activities.

Sai Yantra - 2

- Baba is the embodiment of the universal values of all religions. Hence, the symbols of the main religions – Tao, Zoroastrian, Jewish, Buddhist, Jain, Christian, Islamic and Sikh – are inscribed clockwise in that order headed by the ancient, eternal, universal Sanaathana Sarva Dharma symbolized by OM, which stands for the immanent and transcendental aspects of the Supreme Reality, Parabrahman.
- The three Sai Gayathrees are inscribed in concentric circles, with the Sai Panchaakshari Mantra at the center.
- The holy Sai Chakra is encircled by a square. It is the Sai field of spirituality, Prasanthi Nilayam, the Sai abode of TRUTH, PEACE and BLISS. On the outer square perimeter, Sathya Sai's free massive public services such as medical, educational, drinking water supplies are inscribed as an inspiration and example for others to follow. The square itself is topped off by the symbol of OM, the source of all energies.

Sai Yantra - 3

- Around the outer circle are inscribed Sathya Sai's seven steps for liberation: good resolution, good character, good deeds, spiritual living, divine proximity, experience of divinity, and finally Union with the Divine.
- In the first circular space is inscribed the Sathya Sai Surya Gaayathree Manthra, a prayer to Sai as Sun God for dispelling our inner darkness of ignorance and for bestowing on us health, strength, stamina, skill and success in our daily life.
- The seven petals between the outer and inner circles contain the inscription of the seven miraculous powers of Sathya Sai Baba: Miracle of Universal Love; Materialization Miracles; Medical Miracles; Metaphysical Miracles; Miracles of Magnum Public Service Projects; Management Miracles and Man-transforming Miracles.
- In the inner perimeter of the first circle are inscribed Sai's seven fold divine related powers: Gaanapathyam (intellectual power); Vaishnavam (power of right action); Shaivam (power of non-dual knowledge); Shaaktheyam (power of Divine Mother's Love); Braahmyam (power of creation); Sauram (sacrificing power); Aathmeeyam (universal consciousness).
- Across the spaces between the seven leaves are inscribed Sai's seven fold moral disciplines: control of outer senses; kindness and compassion; mastery of inner senses; gifting and sharing; service to the needy; courage and meditation.

Sai Yantra - 4

- In the second inner circle is inscribed the Sai Hiranyagarbha Gayathree Mantra, containing a prayer to rid us of our six inner enemies of Lust, Anger, Pride, Infatuation, Greed and Jealousy and bestow on us the Power of Divine Love.
- In the inside perimeter of the second inner circle are inscribed Sai's seven fold stages of Self Realization: Self-enquiry; Self-confidence; Wisdom of the Self; Self-surrender; Self-satisfaction; Self sacrifice and Self-realization.
- On the seven petals between the inner and the inmost circles are inscribed Sai's seven-fold spiritual contemplations: Quest for truth; Contemplating partial divine manifestation; Using sacred symbols; Steady path of devotional communion; Knowledge of God, Nature and Man; Experiencing unity in diversity; Living in Constant Integrated Total Awareness.

Sai Yantra - 5

- The inmost third circle contains the Sathya Sai Eesvara Gayathree Mantra, praying to the omniscient, omnipotent, omnipresent Sathya Sai, for destroying our ego and primal ignorance and gracing us with liberation.
- The seven basic Sai golden values are inscribed on the seven petals of the inside area of the third circle. These are: Truth, Right Action, Perfect Peace, Selfless Love, Non-violence in thought, word and deed, Self surrender and sacrifice, and Divine Bliss.
- In the fourth circle is the equilateral triangle enclosing the three principles of Eternal Truth, All-inclusive Goodness and Divine Beauty - the triple essence of the Sathya Sai Avathaar.
- At the center of this whole diagram is the non-dual holy formula SAI SHIVO HAM – “I am none else than Sai Shiva”, the primordial divinity in the Sai form before us.

How to use the Sai Yantra in practice - Tantra

- Place a copy of the Sai Yantra in the puja room
- Chant the Gayathree and the Sai Gayathree thrice each three times a day, Sai Eeshvara Gayathree in the morning, Sai Surya Gayathree at noon, and Sai Hiranyagarbha Gayathree in the evening.
- Contemplate upon its values and practice them in daily life - will lead us step by step to reaching the state of liberation in Divine Love, Bliss and Peace.

OM TAT SATH

Condensed from articles by
Sri Ghandikota V. Subba
Rao and the complete
book

SaiThree – Mantra, Yantra,
Tantra,

available on-line at
www.saidarshan.org

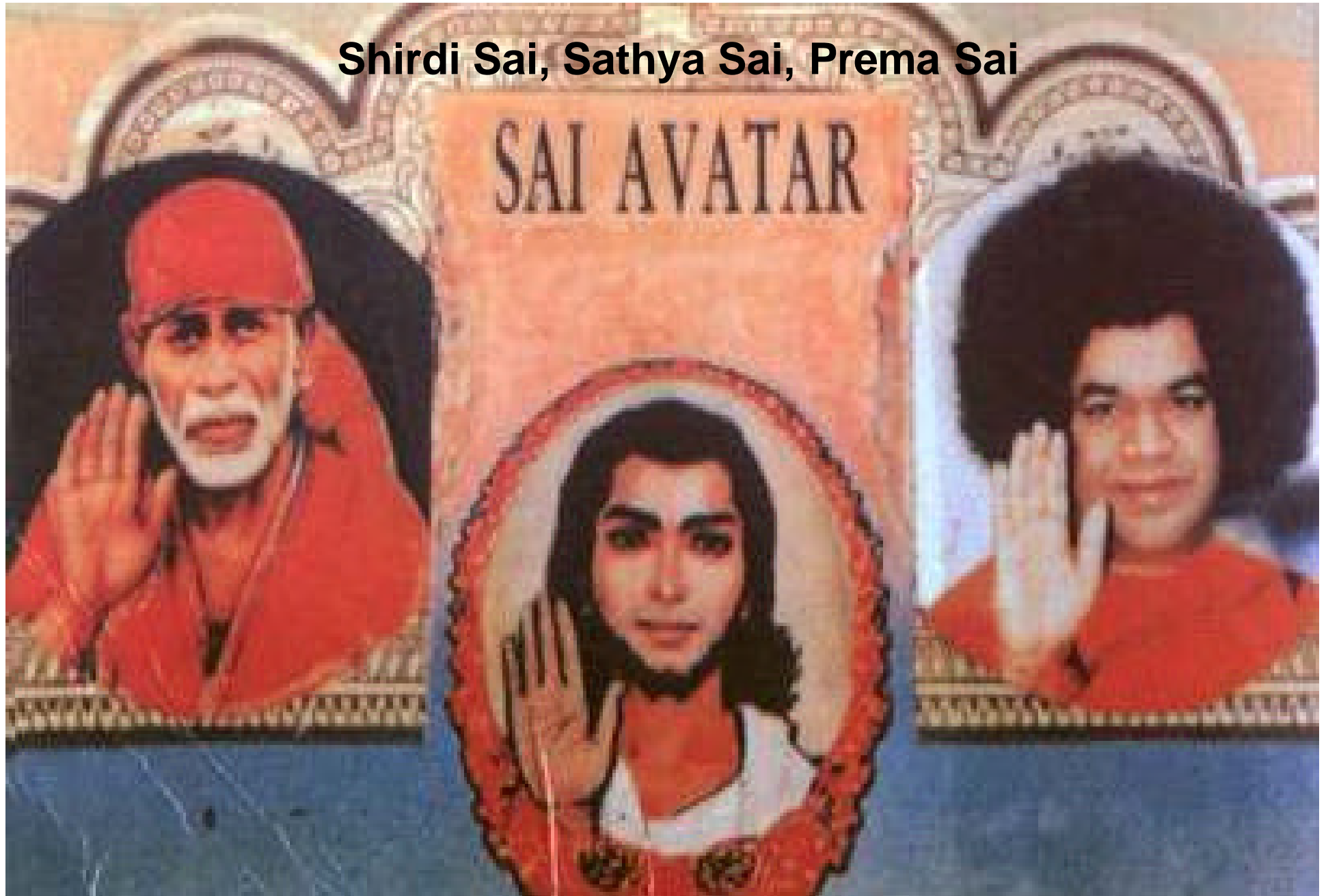
Ghandikota V. Aryama,
5/28/2006

Workshop, Sri Sathya Sai Mid-
Atlantic Regional Retreat,
Camp Iroquois, NY, USA

MaayaAvatara



Shirdi Sai, Sathya Sai, Prema Sai



**Bhagavan Baba with
Sri Ghandikota Subrahmanya Sastry
& Sri Ghandikota Subba Rao**

